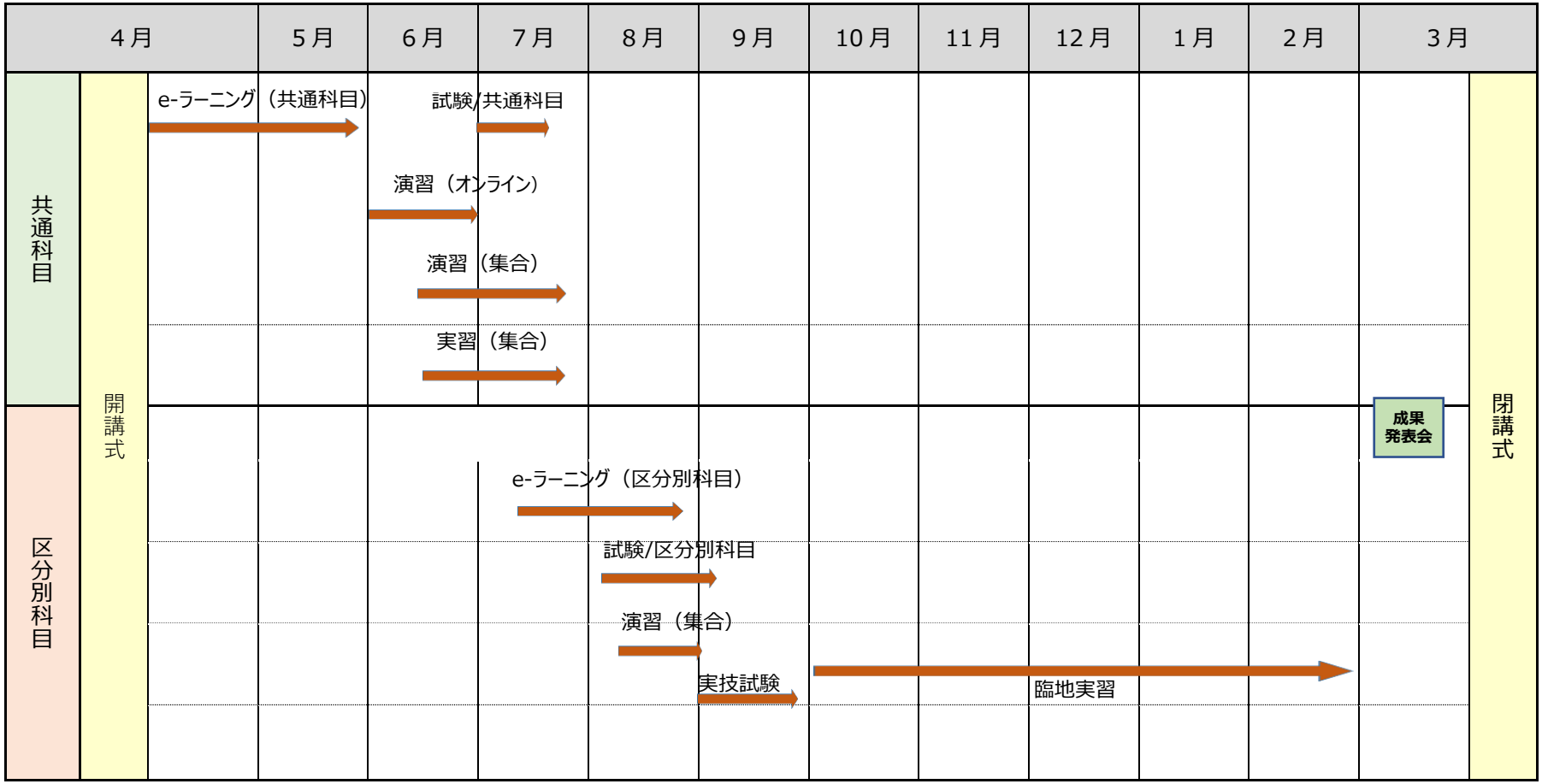特定行為研修　年間スケジュール